Thursday, October 16, 2003

New dining facility at 3rd Squadron, 2nd Armored Cavalry Regiment

Story and photo by Spc. Anthony Reinoso, 372nd MPAD

BAGHDAD, Iraq – As Operation Iraqi Freedom progresses through its seventh month, the U.S. Army is working on improving living conditions for the troops in Iraq.

One of the newest projects recently completed is a dining facility recently opened at the 3rd Squadron, 2nd Armored Cavalry Regiment forward operating base in Baghdad.

The new dining facility also serves nearby soldiers of the 2nd Brigade Combat Team, 1st Armored Division and attached units, such as civil affairs units.

"It was amazing how the contractors were able to get this building rolling and ready for the soldiers," said Chief Warrant Officer Sabrina Nero, coordinator and supervisor the dining facility.

Contracted by Kellogg, Brown and Root services (KBR) the modular building was trucked into the area in sections and pieced together like a jigsaw puzzle.

The facility has a seating capacity for 500 people with a turnaround capacity to serve 2,000 personnel for breakfast, lunch or dinner.

"KBR is working astonishingly hard to provide a great meal," Nero said. "We want to provide good wholesome meals to the soldiers."

Unlike the dining facility at the nearby Al Rasheed Hotel, which has its meals delivered from the Coalition Provisional Authority palace dining facility, the 2nd ACR facility has its own kitchen and culinary crew contracted through KBR.

The facility has food items such as bread, muffins, and pastries prepared and served daily.



Kellogg, Brown and Root employees prepare for the dinner crowd at the 3rd Squadron, 2nd Armored Cavalry Regiment forward operating base's new dining facility in Baghdad, Iraq.

Each month Nero plans to have a diverse menu based on an ethnic theme, such as Mexican or Asian entrees.

The facility will also prepare meals for special occasions and holidays such as Thanksgiving Day.

"The soldiers are very pleased with the meals they are provided," Nero said. "We are just ecstatic about feeding our soldiers the way we can now."

The Old Ironsides Report October 16, 2003

NEWS

Gaza Strip Blast Kills Three Americans

BEIT LAHIYA, Gaza Strip (AP) - A remote-controlled bomb exploded under a U.S. diplomatic convoy Wednesday, ripping apart an armored van and killing three Americans in an unprecedented deadly attack on an official U.S. target. The bombing, which also wounded an American, will likely intensify U.S. pressure on the Palestinian Authority to take action against militant groups. The U.S. Embassy advised U.S. citizens to leave the Gaza Strip after the attack.

China Launches Historic Space Mission

GOBI DESERT, China (AP) - China's first astronaut carried the hopes of his nation into orbit with him Wednesday, promising to do a good job and telling his family far below that the view from space was "extremely splendid." The apparently flawless launch of the Shenzhou 5 capsule capped a decade-long effort by China's secretive, military-linked space program that communist leaders hope will boost the nation's image abroad - and their standing at home among their own people.

Jury Selection Continues in Sniper Trial

VIRGINIA BEACH, Va. (AP) - Lawyers on Wednesday began asking potential jurors whether they would be willing to sentence John Allen Muhammad to death if he is convicted of a fatal shooting during last year's sniper spree. Prospective jurors - a pool whittled to 71 on Tuesday, when jury selection began - also will be asked individually about their exposure to pretrial news accounts and whether they felt terrorized by the shootings in metropolitan Washington.

Bush, Schwarzenegger to Meet in Calif.

WASHINGTON (AP) - President Bush departed for California on Wednesday to meet with Gov.-elect Arnold Schwarzenegger. Bush will be in the Golden State for a two-day stopover en route to a six-nation tour of Asia and Australia. While in California, he'll give two speeches on the economy and attend a pair of re-election fund-raisers.

SAFETY TIP TRAFFIC ACCIDENTS

Traffic continues to grow each day in the AOR and everyone is in a hurry to get to their destination. Traffic congestion, not following traffic laws and speed is a deadly combination.

This week a traffic accident took the life of two "IRON" soldiers. These soldiers were not killed in combat with the enemy. They lost their life in an accident.

Accidents are preventable. Each occupant – driver, gunner, senior occupant, and passenger must – maintain situational awareness and stay alert at all times.

ENTERTAINMENT

Ozzy Osbourne Postpones European Tour

LOS ANGELES (AP) -- Ozzy Osbourne has postponed a planned European tour until next year because of the effects of medication he's taking to treat tremors.

Osbourne said in a statement released Tuesday that his doctor advised him to delay the tour, which was to have begun Oct. 22 in Dublin.

The former Black Sabbath lead singer said the tremors were "practically destroying my life along with my self-esteem."

"I was no longer comfortable being around people, which, as you can imagine, is not the best trait for a performer," the 54-year-old said.

Osbourne's doctor, Allan Ropper, said a side effect of the medication was dry mouth, which impairs the voice.

He added that the problem would subside in about a month.

The European tour will start in January at the earliest, according to the statement.

"I feel like I keep letting you all down, which breaks my heart, but you have my word that I will be over in the new year to complete my European tour," the singer said.

Osbourne and his family have enjoyed a higher profile since they opened up their home life for the hit MTV reality series "The Osbournes," now in its third season.

Chaplain's Thought for the Day: Racing Toward The Goal

Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it. —1 Corinthians 9:24

When David Branon's son Steve began his sophomore year of high school, he also began his second year of cross-country running. Steve started the year fighting for spot on the varsity team, which was not an easy task.

It meant running miles and miles and miles. It meant lifting weights. It meant getting extra rest and eating right (well, some of the time). And it meant running his heart out at races.

His times gradually improved. Then he pulled a muscle and had to start over. But he didn't quit. Finally he gained a spot on the varsity. And by the time they ran in the regional meet, he was the third fastest runner on the team.

Having goals in life can give us the purpose and drive to accomplish something truly valuable. This principle is especially helpful in our commitment to God. It requires personal discipline, hard work, and continual improvement. It includes a Spirit-enabled commitment to do our very best for the Lord. That takes perseverance and all-out effort. But running that way is worth it, for the prize will last forever.

Great achievement requires great perseverance.

The Old Ironsides Report October 16, 2003

iiiy ai ii.i	net TV SCHEDULES: THUR	RSDAY, OCTOBER 16, 2003	As of: Wednesday, October 15, 2003 8:26:57 PM			
Start Time	<u>SPORTS</u>	ATLANTIC	SPECTRUM	PACIFIC	NEWS	Start Time
0:00			BULLETS OVER BROADWAY	TODAY	WOLF BLITZER REPORTS	0:00
0:30		THE LATE SHOW WITH DAVID LETTERMAN				0:30
1:00		EETTERWAN			HEADLINE NEWS	1:00
1:30		ACCESS HOLLYWOOD			NBC NIGHTLY NEWS	1:30
2:00	NFL LIVE	ESPNEWS	RUGRATS: - GRANDPA'S BAD BUG/ LADY LUCK	SESAME STREET	ABC WORLD NEWS TONIGHT	2:00
2:30	PARDON THE INTERRUPTION	ESPNEWS	SPONGEBOB SQUAREPANTS: - SANDY, SPONGEBOB & THE WORM / SQUID		CBS EVENING NEWS	2:30
3:00	ESPNEWS	MLB - NLCS GM 7: MARLINS @ CUBS	ON STRIKE THE SIM PSON: - MAKE ROOM FOR LISA	BLUE'S CLUES : - ADVENTURE	THE NEWSHOUR	3:00
3:30	NHL - BOSTON BRUINS @ DALLAS	M LB - NECS GIN 7. WARLINS @ COBS	HOME IMPROVEMENT: - A SEW, SEW	WHEEL OF FORTUNE	THE NEWSHOOR	3:30
	STARS		EVENING TOUCHED BY AN ANGEL: - ASIT IS IN			
4:00			HEA V EN	THE DR. PHIL SHOW	HANNITY & COLMES	4:00
5:00			ANTIQUES ROADSHOW: - SEATTLE, HOUR 1	THE OPRAH WINFEY SHOW: - HOW DID I GET HERE? THE TRACILORDS STORY	THE NEWS WITH BRIAN WILLIAMS	5:00
6:00	SPORTSCENTER	HEADLINE NEWS	ANCIENT MYSTERIES: - PRIVATE LIVES OF THE EMPEROR	NBC NIGHTLY NEWS	BET NIGHTLY NEWS	6:00
6:30		ESPNEWS	OF THE EIGH ENCIN	JUDGE JUDY	NIGHTLY BUSINESS REPORT	6:30
7:00	NFL LIVE	HEADLINE NEWS	THE WEST WING: - 18 THAND POTOMAC	ACCESS HOLLYWOOD	LARRY KING LIVE	7:00
7:25				GUIDING LIGHT		7:25
7:30	BASEBALL TONIGHT	HEADLINE NEWS				7:30
8:00	INSIDE THE NFL	SESAME STREET	MASTERPIECE THEATER: - WUTHERING HEIGHTS		NEWSNIGHT WITH AARON BROWN	8:00
8:13			ILIONIO	GENERAL HOSPITAL		8:13
9:00	SPORTSCENTER	BLUE'S CLUES : - ADVENTURE		DISNEY'S 101 DALMATIONS : - SMOKE	PAULA ZAHN NOW	9:00
9:30				DETECTORS/ LOBSTER TALE DISNEY'S RECESS: - THE FUSS OVER		9:30
	NHL - PHOENIX COYOTES @	WHEEL OF FORTUNE THE OPRAH WINFEY SHOW: - HOW DID	RUGRATS: - GRANDPA'S BAD BUG/ LADY	FINSTER/ SOCCER BOY		
10:00	FLORIDA PANTHERS	I GET HERE? THE TRACILORDS STORY	LUCK SPONGEBOB SQUAREPANTS: -	POKEM ON: THE JOHTO JOURNEY'S: - THE FORTUNE HUNTERS	NIGHTLINE	10:00
10:30			SANDY, SPONGEBOB & THE WORM / SQUID ON STRIKE	THE MUMMY: THE ANIMATED SERIES	NAVY/MARINE CORPS NEWS	10:30
11:00		ACCESS HOLLYWOOD	THE SIM PSON: - MAKE ROOM FOR LISA	JEOPARDY!	HARDBALL WITH CHRIS MATTHEWS	11:00
11:25		GUIDING LIGHT	HOME IMPROVEMENT: - A SEW, SEW			11:25
11:30			EVENING	HEADLINE NEWS		11:30
11:52			TOUCHED BY AN ANGEL : - ASIT IS IN	PACIFIC REPORT		11:52
12:00			HEAVEN	ESPNEWS	60 MINUTES II	12:00
12:13		GENERAL HOSPITAL				12:13
12:30	NHL 2NIGHT			HEADLINE NEWS		12:30
12:52			ANTIQUES BOARDONA OSATTAS	PACIFIC REPORT		12:52
13:00	SPORTSCENTER	HEADLINE NEWS	ANTIQUES ROADSHOW: - SEATTLE, HOUR 1	GOOD MORNING MIAMI: - SWANLAKE	THE O'REILLY FACTOR	13:00
13:25				WILL & GRACE: - FIELD OF QUEENS		13:25
13:30		JUDGE JUDY				13:30
13:50	MID W. 60 6W 7 W A BUW 6			REEL TIME		13:50
14:00	MLB - NLCS GM 7: MARLINS @ CUBS	TODAY	ANCIENT MYSTERIES: - PRIVATE LIVES OF THE EMPEROR	THE BACHELOR	GOOD MORNING AMERICA	14:00
15:00			THE WEST WING: - 18 THAND POTOMAC	C.S.I.: CRIME SCENE INVESTIGATION : - RECIPE FOR MURDER		15:00
16:00		DISNEY'S 101 DALMATIONS : - SMOKE	MASTERPIECE THEATER : - WUTHERING	HEADLINE NEWS	HEADLINE NEWS	16:00
16:22		DETECTORS/ LOBSTER TALE	HEIGHTS	PACIFIC REPORT		16:22
16:30		DISNEY'S RECESS : - THE FUSS OVER		TONIGHT SHOW WITH JAY LENO	CHANNEL ONE	16:30
16:45		FINSTER/ SOCCER BOY		Tanasi and the same and the same	WORLD NEWS THIS MORNING	16:45
	BASEBALL TOWARD	POKEMON: THE JOHTO JOURNEY'S : -			THE EARLY SHOW	
17:00	BASEBALL TONIGHT	THE FORTUNE HUNTERS		THE LATE SHOW WITH DAVID	THE EARLY SHOW	17:00
17:30	NFL LIVE	THE MUMMY: THE ANIMATED SERIES		LETTERMAN		17:30
18:00	SPORTSCENTER	JEOPARDYI	RUGRATS: - GRANDPA'S BAD BUG/ LADY LUCK			18:00
18:30		HEADLINE NEWS	SPONGEBOB SQUAREPANTS: - SANDY, SPONGEBOB & THE WORM / SQUID	ACCESS HOLLYWOOD		18:30
19:00	BASEBALL TONIGHT	ESPNEWS	ON STRIKE THE SIM PSON: - MAKE ROOM FOR LISA	BRAM STOKER'S DRACULA	FOX NEWS LIVE	19:00
19:30	PARDON THE INTERRUPTION	HEADLINE NEWS	HOME IMPROVEMENT: - A SEW, SEW			19:30
			EVENING TOUCHED BY AN ANGEL: - ASITISIN		FOV 1:-:::-	
20:00	SPORTSCENTER	GOOD MORNING MIAMI: - SWANLAKE	HEAVEN		FOX NEWS	20:00
20:25		WILL & GRACE : - FIELD OF QUEENS				20:25
20:50	NHL - BOSTON BRUINS @ DALLAS	REEL TIME	ANTIQUES ROADSHOW: - SEATTLE,			20:50
21:00	STARS	THE BACHELOR	HOUR 1		FOX NEWS LIVE	21:00
2 1:15				THE BREAKING POINT		2 1:15
		C.S.I.: CRIME SCENE INVESTIGATION	ANCIENT MYSTERIES : - PRIVATE LIVES		STUDIO B WITH SHEPARD SMITH	22:00
22:00		: - RECIPE FOR MURDER	OF THE EMPEROR		OTOBIO B WITH GREEN ARB GIRTH	
22:00 23:00 23:30	ESPNEWS ESPNEWS	: - RECIPE FOR MURDER HEADLINE NEWS TONIGHT SHOW WITH JAY LENO	OF THE EMPEROR THE WEST WING: - 18 THAND POTOMAC	HEADLINE NEWS ESPNEWS	INSIDE POLITICS NAVY/MARINE CORPS NEWS	23:00 23:30